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Laboratory Notes: Food Tests

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Food testing is routinely carried out in senior biology classes. Students test a variety of food samples for carbohydrates, such as sugar and starch, lipids, proteins and vitamin C. These organic compounds react with specific chemical reagents to produce a visible and identifiable change.

These laboratory notes contain instructions for tests suitable for use in schools

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[glucose](#)

[lipid](#)


[protein test](#)

[vitamin C](#)

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